



SATURDAY MORNING LIVE CRUMPET

February 2025

Saturday Morning Live
#2470, Area D3, District 115

Club Meetings/Events

Feb. 1 – **LaCroix Workshop** →
Feb. 8 – **Moments of Truth**
Feb. 22 – **Club Feedback**
Mar. 8 – **Club Speech Contest**

District 115 Doings

TLI – Toastmasters Leadership Institute & Club Officer Training

Sat., Feb. 1, 10 am-1 pm, **online**

To register:

<https://us06web.zoom.us/j/8456288628>
[gister/CcuY201SVq8 mobe](https://us06web.zoom.us/j/8456288628)
[UBXFA](https://us06web.zoom.us/j/8456288628)

Pathways Lab

Mon., Feb 3, 6-8 pm, online

To register:

<https://us06web.zoom.us/j/8456288628>
[gister/tZ0tf-](https://us06web.zoom.us/j/8456288628)
[yoqTwpG9DQe5wRifW9DRWWH9G](https://us06web.zoom.us/j/8456288628)
[RtRus](https://us06web.zoom.us/j/8456288628)

Area Speech Contests (Div. A & C)

Sat., Mar. 1, 8 am – 3 pm, in person
Palo Verde High School,
333 S Pavilion Center Dr, LV, NV

Deadlines

E-mail photos, articles, etc. to
zeezolnay@cox.net by 2nd monthly
meeting. Thanks.

Saturday Morning Live meets on
2nd and 4th Saturdays at AutoNation
Buick-GMC, 330 N. Gibson Rd.,
2nd Floor, Henderson, NV
from 10:00 to 11:30 am

For more information,
visit our website

2470.toastmastersclubs.org
Toastmasters International
www.toastmasters.org



Darren LaCroix Coaching Workshop, February 1

OWN THE STAGE!

Come and see world-class coaching from the 2001 World Champion of Public Speaking Darren LaCroix. Darren will share his coaching secrets, and a lucky speaker will receive Darren's sage advice for FREE (normally a \$600 per hour value). Among the take-aways will be essential "must-haves" for your speech, critical mistakes to avoid, and a coaching checklist for evaluation.

The workshop is FREE, but space is limited, and seats are going quickly! RSVP Steve Goldstein (702-353-1944, SteveTMNV@gmail.com) to reserve your seat.



Moments of Truth Club Performance Workshop

Even a great club like Saturday Morning Live can experience backsliding. That is why throughout February, we will go through a club evaluation called "Moments of Truth." This is an opportunity for all members to tell what is going well, what needs to change, and what new ideas we can try. Zee Zolnay will moderate the discussion at the Feb. 8 meeting, then present the lessons learned at the Feb. 22 meeting. All club members are urged to participate in this exercise to help keep our club excellent.



Speech Contest Season is A-Coming In!

Spring is our speech contest season. Contests will be held in International Speech (usually a motivational or inspirational speech) and Tall Tales (an extremely exaggerated mock-heroic folk-style story like Paul Bunyan or John Henry). Consider competing in our club contest on March 8. Winners go on to compete in area, division, and district contests.

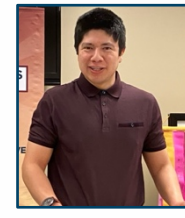
- **Mar. 8** – Club Contest, AutoNation Buick-GMC
- **Mar. 22** – Area Contests (Div. B & D), Palo Verde H.S.
- **Apr. 5** – Division Contests, Palo Verde H.S.
- **May 2 & 3** – District Conference, Location TBD



SML Starts the New Year with a GNAB!



That's **BANG!** spelled backwards. Our Jan. 11 meeting featured a reverse order agenda and a potluck buffet. The meeting was a rear-view look at New Year's Resolutions, with Ben Sandoval awarded Best Speaker for his exhortation to "know what you believe in and why you believe it." New member Yasmin Tamayo took the Best Table Topic



award and Dave Meredith was proclaimed the Best Evaluator.



We resumed normal agenda order at our Jan. 25 meeting, a stellar meeting with a full room and four guests! One of those guests, Oscar San Juan, was gutsy enough to compete in Table Topics and **WIN!** Justin Tietjen proved himself as excellent an evaluator as he is a stand-up comedian, and Zee Zolnay took the Best Speaker award by telling how, despite severe pain, he kept taking the next step to find his grandfather's house.